

# BERKSHIRE DANCE THEATRE

## 2017-2018 School Year Dress Code

In order to maintain the highest level of dance education for all ages, we require that all students follow the dress code presented below.

**IMPORTANT NOTE FOR OUR FEMALE STUDENTS:** *When coming and going from class, all female students, regardless of age, should wear cover-ups (i.e. everyday clothes) over her dancewear. No student should be outside of the studio building in only her dance/gym wear. We strive to instill a sense of professionalism and modesty in all of our students, and it is important to define when dancewear should be worn.*

### DANCE INTRODUCTION & CREATIVE MOVEMENT

<b>Girls</b>	<b>Boys</b>
➤ Leotard- Any color/style. REMOVABLE dance skirts allowed	➤ Top – Plain solid color fitted T-shirt
➤ Tights- Pink or white footed	➤ Bottoms- Black shorts or pants
➤ Shoes- Pink or white canvas ballet slippers ➤ Creative Movement also needs black tap shoes	➤ Shoes – Black or white ballet slippers Creative Movement- Black tap shoes
➤ Hair- Worn up in ponytail, pigtails, or braids.	➤ Hair- Worn out of face

### PRE-BALLET & BALLET I-V

<b>Girls</b>	<b>Boys</b>
➤ Leotard- BLACK any style. (Decorative trim should be kept to a minimum) NO tutus or dance skirts allowed	➤ Top – Plain fitted WHITE t-shirt
➤ Tights- Pink or white footed/convertible (must be worn over foot for Ballet)	➤ Bottoms- Black shorts or pants
➤ Shoes- Pink Ballet slippers (canvas or leather)	➤ Shoes – Black ballet slippers (canvas or leather)
➤ Hair- NEAT Ballet bun. Short hair should be kept off face with headband or barrettes	➤ Hair- Worn out of face

### TAP/JAZZ, JAZZ & TAP I-V

<b>Girls</b>	<b>Boys</b>
➤ Leotard- Any color/ style.	➤ Top – Plain solid color fitted t-shirt
➤ Tights- Any color/style (stirrup, footless, footed, etc) ➤ Dance shorts, skirts, and jazz pants may be worn (NO “wild” prints & absolutely NO writing on the back side); the instructor may ask a student to remove extra clothing if it is distracting or a clearer view of the student’s line is needed	➤ Bottoms- Black shorts or pants
➤ Shoes- Jazz: Black Jazz shoes Tap: Black tap shoes (ask instructor for appropriate style for your class) Tap/Jazz: Both jazz and tap (Mary-Jane style tap shoes)	➤ Shoes – Jazz: Black jazz shoes Tap: Black tap shoes (ties) Tap/Jazz: Both jazz and tap (ties)
➤ Hair- Worn up in ponytail, pigtails, or braids. Short hair may be kept off face with headband or barrettes.	➤ Hair- Worn out of face

### KID’S HIP HOP, INTRO TO HIP HOP & HIP HOP I-V

<b>Girls</b>	<b>Boys</b>
➤ Leotard- Any color/style or fitted tank top to be worn underneath outer shirt ➤ Top – Any style top – NO suggestive graphics or writing and must be removed upon teacher’s request	➤ Top – T-shirt or tank top (NO suggestive graphics or writing)
➤ Bottoms- Dance shorts (with tights underneath and NO writing on the back side), leggings or sweat/athletic pants.	➤ Bottoms- Shorts or sweat/athletic pants
➤ Shoes- Any style sneakers exclusively worn INSIDE	➤ Shoes – Any style sneaker exclusively worn INSIDE
➤ Hair- Worn up in your choice of style. Short hair may be kept off face with headband or barrettes.	➤ Hair- Worn out of face

## Lyrical

<b>Girls</b>	<b>Boys</b>
➤ Leotard- Any color/style	➤ Top – Plain solid color fitted T-shirt
➤ Tights- Any color footless, stirrup or convertible	➤ Bottoms- Black shorts or pants
➤ Shoes- Bare feet or Jazz Shoes (per teacher request)	➤ Shoes – Black or white ballet slippers
➤ Hair- Worn up in ponytail, pigtails, or braids. Short hair may be kept off face with headband or barrettes	➤ Hair- Worn out of face

## PRE-POINTE & POINTE

<b>Girls</b>	<b>Boys</b>
➤ Leotard- BLACK any style. (Decorative trim should be kept to a minimum) Black dance skirts.	➤ Top – Plain fitted WHITE t-shirt
➤ Tights- Pink or white footed/convertible tights	➤ Bottoms- Black shorts or pants
➤ Shoes- Pre-Pointe – Pink Ballet slippers Pointe – Pointe shoes	➤ Shoes – Black ballet slippers (leather or canvas)
➤ Hair- NEAT Ballet bun. Short hair should be kept off face with headband or barrettes	➤ Hair- Worn out of face

## PRE-ACROBATICS & ACROBATICS I-V

<b>Girls</b>	<b>Boys</b>
➤ Leotard- Any color/style (a moderate to high cut front is preferred to ensure adequate coverage)	➤ Top – Plain solid color fitted T-shirt
➤ NO TIGHTS SHOULD BE WORN FOR CLASS FOR SAFETY REASONS	➤ Bottoms- Black shorts or pants
➤ Shoes- Bare feet	➤ Shoes – Bare feet
➤ Hair- Worn in low ponytail or French braids	➤ Hair- Worn out of face

## INTRO TO MUSICAL THEATER AND MUSICAL THEATER I-V

<b>Girls</b>	<b>Boys</b>
➤ Leotard- Any color/style or fitted tank top to be worn underneath outer shirt	➤ Top – T-shirt or tank top (NO suggestive graphics or writing)
➤ Top – Any style top – NO suggestive graphics or writing and must be removed upon teacher's request	
➤ Bottoms- Dance shorts (with tights underneath and NO writing on the back side), leggings or sweat/athletic pants.	➤ Bottoms- Shorts or sweat/athletic pants
➤ Shoes- Any style sneakers or jazz shoe exclusively worn INSIDE	➤ Shoes – Any style sneaker or jazz shoe exclusively worn INSIDE
➤ Hair- Worn up in your choice of style. Short hair may be kept off face with headband or barrettes.	➤ Hair- Worn out of face

### WARM-UPS FOR ALL CLASSES:

Appropriate dance warm-ups may be worn during the cooler part of the year - this includes legwarmers, warm-up pants, dance sweaters, shrugs, and fitted dance shorts. Hooded sweatshirts are not allowed, as the hood gets in the way of many movements. All warm-ups must be removed when the teacher requests.

### ADULT STUDENTS:

Adult students may modify the dress code to suit her/his comfort level. Dance skirts or black jazz pants are appropriate for any class. For female students, leotards and tights are suggested underneath other attire, to avoid any "wardrobe malfunctions" should clothing shift during movements. You may also modify hairstyles.